

# Kindergarten

- ♣ Social-Emotional: Your child wants to make and keep friends and is interested in playing with other kids their age. Help your child with problem solving by modeling behaviors, and discussing any problems that occur. They are better at sharing toys and taking turns with others. They enjoy doing things independently and can sometimes be demanding but they are able to learn and follow rules. They like to use their imagination and know the difference between reality and things that are imagined.
- Language: They ask a lot of questions including "who, what, when, where, why, and whose." They can compare things using adjectives and uses words like "before, after, because, when, and does." Though they may still make some grammatical errors, kindergarteners can have longer conversations and know how to end a conversation. They also like telling stories.
- **Cognitive:** They can copy shapes and they can write a few letters and numbers. They can draw a simple person that includes six or more body parts such as eyes, hair, and mouth. They know about and like to learn more about things that are used or done every day such as money, cooking, and housework.
- ♣ Motor Skills: They can do a simple somersault, hop, skip, and stand on one foot. They like swings and climbing. They can play physical games with simple rules such as four-square, jump rope, catch, and tag.
- ♣ Self-Help: They are potty-trained and can use the restroom on their own. They can fasten a button, zip a zipper, and fasten snaps on clothing. They are also improving skills for using utensils while eating.
- Literacy: Support literacy by reading with your child every day. They may have a favorite book and will recognize if you skip a word or page while reading. They can tell you what will happen next. While reading, stop and look at pictures with your child and talk about the pictures. Have your child make noises of animals, help sing or say any songs, rhymes, or phrases in their favorite books. Ask them questions about what you are reading.





### 1st Grade

- ♣ **Social-Emotional:** Your child is interested in making friends and being accepted by their peers. They put more effort into their friendships and they can work as part of a team. They are beginning to focus less on themselves and to discuss thoughts and recognize emotions. They also will show concern for others.
- Language: They can follow simple multi-step directions and listen and respond to information. They can respond to more complex questions and express themselves using complete sentences. They will start conversations, tell stories, ask questions, retell events in the correct order, and give instructions.
- **↓ Cognitive:** This is a time of increased development of cognitive skills including memory, attention, and increasing impulse control. They can reason and use problem solving skills to complete tasks and will spend more time and concentration to achieve a goal.
- ♣ Motor Skills: They have improved their ability to catch and throw a ball. They can dance or clap to the rhythm of a song. They are able to skip and ride a bike. They are improving on their writing skills and should be able to print words neatly and include capital letters.
- **Self-Help:** They should be able to dress themselves independently and tie their own shoes. They are able to zip or button up their own jackets or clothes while wearing them.
- Literacy: They are now starting to read. They can sound out words while reading and can recognize common words by site. They understand what they read and can identify a spoken word within the text on a page. They are also learning spelling of common words.





#### 2<sup>nd</sup> Grade

- ♣ **Social-Emotional:** Your child is now old enough to develop his own opinions but will still look to you and other adults to answer questions and receive guidance. They are concerned about other people's feelings and are able to understand the actions and emotions in others. They enjoy spending time with their friends and may have a best friend.
- **↓ Language:** They have clear speech and ask a lot of questions. They may like to tell stories or use language to entertain, or instruct others. They can express their thoughts and ideas and use complex sentences.
- ♣ Cognitive: They understand rules and can play sports and board games while following these rules and respecting others. They are beginning to develop the skills needed to resolve situations and negotiate with others to reach a solution. They can understand and follow directions.
- ♣ Motor Skills: They have improving motor coordination, balance, and control. These skills allow them to learn and play sports with increased precision and ability. They can also write and draw with more precision. This hand-eye coordination and fine-motor control can also be helpful in learning a musical instrument.
- **♣ Self-Help:** They can fix themselves a simple meal such as a peanut butter sandwich or pour milk over cereal. They can clean up clutter from their room and do simple chores. They can also take a bath or shower on their own.
- Literacy: They can read, recognize sight words, correct themselves, and retain information they have read in order to answer questions or describe what they have read. They can also predict what will happen in a story and describe plots. Their accuracy in spelling is also improving.





#### 3rd Grade

- ♣ Social-Emotional: In the third-grade, your child likely chooses friends that have similar interests. They are able to communicate effectively in a group. Generally, they prefer structure and predictable routines at school and home. They understand other people's feelings and can relate feelings and actions. When your child is upset or discouraged, they may choose to solve the problem or work on a separate project independently.
- Language: They can take turns in conversation and communicate effectively in a group setting. They continue to expand their vocabularies related to specific topics. While speaking, they can stay on topic and use eye contact.
- **Cognitive:** They are able to recall what they have learned and discuss and explain concepts. They can use resources such as the internet, an encyclopedia, or a dictionary to help them learn more about a topic.
- ♣ Motor Skills: Outside play, involvement with sports, and other activities help promote and strengthen balance, coordination, and control of movements. These skills are reflected in the ability to shoot a basketball, kick a soccer ball, learn gymnastic, throw a ball at a target, ride a bike, and learn swimming strokes.
- **Self-Help:** They can shower and dress themselves independently. They are learning how to plan and pack needed materials for school and may need less assistance in packing a lunch or backpack. They can make a simple meal and use simple appliances such as a toaster with supervision.
- Literacy: They can analyze words that they are reading and correct errors as they read. They can answer questions and make predictions about stories that they have read. They can also use books to expand on subject knowledge and are reading 3<sup>rd</sup> grade-level books fluently. Their writing expands to include more details, planning, and editing. Spelling continues to improve as does the ability to recognize and correct misspelled words.





#### 4th Grade

- Social-Emotional: In the fourth grade, children are developing a greater security in their sense of self and are becoming more confident in their interactions with adults and their friends. They may prefer to spend time with friends that are familiar to them. They are increasing self-regulation but may react to situations that they feel are unjust or leave a situation that makes them feel insecure. They may need frequent encouragement when working on a difficult or new task.
- Language: They will express their personal interests and perceived strengths and weaknesses. They can listen for a specific answer and form opinions. They will seek information from adults and peers and understand information that is given. They can use language for multiple purposes including: storytelling, giving and asking for directions, presenting information, and having conversations.
- **Cognitive:** They can use and follow written directions. They are able to integrate knowledge about different subjects and understand how they may work together. They are able to work in a group to achieve a common goal.
- ♣ Motor Skills: They show increased motor skills that allow them to dribble and pass a ball back and forth. They can jump and throw a ball both overhand and underhand. They can run for longer periods and understand how to pace themselves. They can apply strategies and motor skills to help work towards a goal in games and sports.
- **Self-Help:** They are able to help around the house including cleaning their room, tidying a bathroom, and using a vacuum cleaner. They are also able to help with tasks in the yard and kitchen. They are improving planning skills needed to pack their own lunch and back pack.
- Literacy: They can take notes and paraphrase what they have read and use previous knowledge to help learn new material. They may have a favorite genre of literature to read such as historical fiction, nonfiction, or mystery. They can also write stories with a central idea and are learning about writing styles and figurative language.





## 5th Grade

- Social-Emotional: At this age, children will continue to place increased importance on friends and may have more interest in the opposite gender. They are social and enjoy spending time with their family and their friends. Rules and consistent expectations help to guide and enforce expected behaviors. It is important to discuss peer pressure and decision making with your child.
- Language: They can plan and give presentations and reports with use of gestures and expressions. They enjoy talking with their friends in person and over the phone. They can summarize main points from discussions.
- **↓ Cognitive:** They are able to use understanding of root words, and context in order to learn new words. They are able to form and express opinions and use logic to solve more complex problems. They are learning more difficult math skills such as division, fractions, volume, and story problems.
- ♣ Motor Skills: They may have hobbies and skills that they are developing and improving on which may include, sports, reading, drawing, arts and crafts, or music. They are able to understand that practice will increase their skills and proficiency. Practice can improve finesse, coordination, timing, and proficiency.
- ♣ **Self-Help:** An increased level of maturity and ability to concentrate for longer periods on a single task, allows them the ability to increase self-help skills. They are improving on self-regulation and learning ways to recognize and reduce stress. They are able to dress and groom themselves.
- Literacy: They can use reading for learning and understand characters, plot and style. They have improved writing style and are able to edit writing for punctuation, style, spelling, and content. They may enjoy reading books with friends and read for fun.

